## AMENDMENTS TO THE CLAIMS

This listing of claims will replace all prior versions and listings of claims in the application:

1. (Currently Amended) A method for integrating personal data capturing functionality into a wireless communication device, the method comprising:

receiving personal data of a user by at least one personal parameter receiver, the personal data comprising step data corresponding to a number of steps counted during an activity of the user;

capturing the personal data in the wireless communication device; and

periodically transmitting the personal data from the
wireless communication device to a network server over a
wireless network.

- 2. (Original) The method of claim 1 wherein the at least one personal parameter receiver is contained in a personal data capture device attachable to the wireless communication device.
- 3. (Original) The method of claim 1 wherein the at least one personal parameter receiver is contained in the wireless communication device.
- 4. (Original) The method of claim 1 wherein the wireless communication device is a cellular telephone.
- 5. (Currently Amended) The method of claim 1 wherein the personal data is transmitted to the network server periodically automatically.

- 6. (Original) The method of claim 1 wherein the personal data is transmitted to the network server upon receiving a user request.
- 7. (Original) The method of claim 1 wherein the personal data comprises physical data and biometrical parameters of the user.
- 8. (Original) The method of claim 1 further comprising:
  generating feedback information pertaining to the personal
  data; and

displaying the feedback information to the user.

- 9. (Original) The method of claim 8 wherein the feedback information is displayed on a display of the wireless communication device.
- 10. (Original) The method of claim 1 further comprising displaying at least a portion of the personal data to the user on a display of the wireless communication device.
- 11. (Original) The method of claim 1 wherein the wireless communication device is combined with a portable computing device.
- 12. (Currently Amended) A method for integrating personal data capturing functionality into a portable computing device, the method comprising:

receiving personal data of a user by at least one personal parameter receiver, the personal data comprising step data corresponding to a number of steps counted during an activity of the user;

capturing the personal data in the portable computing device; and

periodically transmitting the personal data from the portable computing device to a network server over a wireless network.

- 13. (Original) The method of claim 12 wherein the at least one personal parameter receiver is contained in a personal data capture device attachable to the portable computing device.
- 14. (Original) The method of claim 12 wherein the at least one personal parameter receiver is contained in the portable computing device.
- 15. (Original) The method of claim 12 wherein the portable computing device is a personal digital assistant (PDA).
- 16. (Currently Amended) The method of claim 12 wherein the personal data is transmitted to the network server periodically automatically.
- 17. (Original) The method of claim 12 wherein the personal data is transmitted to the network server upon receiving a user request.
- 18. (Original) The method of claim 12 wherein the personal data comprises physical data and biometrical parameters of the user.
- 19. (Original) The method of claim 12 further comprising:
  generating feedback information pertaining to the personal
  data; and

displaying the feedback information to the user.

- 20. (Original) The method of claim 19 wherein the feedback information is displayed on a display of the portable computing device.
- 21. (Original) The method of claim 12 further comprising displaying at least a portion of the personal data to the user on a display of the portable computing device.
- 22. (Currently Amended) A wireless communication device comprising:
- at least one personal parameter receiver to receive personal data of a user, the personal data comprising step data corresponding to a number of steps counted during an activity of the user;
- a microprocessor, coupled to the at least one personal parameter receiver; and
- a memory, coupled to the microprocessor, to store the personal data, the microprocessor to <u>periodically</u> transmit the personal data from the memory to a network server over a wireless network.
- 23. (Original) The device of claim 22 further comprising an input device to receive a user request to transmit the personal data to the network server.
- 24. (Original) The device of claim 22 further comprising a display device to display information pertaining to the personal data to the user.
- 25. (Currently Amended) An apparatus comprising:
  - a wireless communication device; and

a personal data capture device, attachable to the wireless communication device, to receive personal data of the user, the personal data comprising step data corresponding to a number of steps counted during an activity of the user;

and to transmit the personal data to the wireless communication device to <u>periodically</u> transmit the personal data to the network server over a wireless network.

- 26. (Original) The apparatus of claim 25 wherein the wireless communication device is a cellular telephone.
- 27. (Original) The apparatus of claim 25 wherein the personal data capture device comprises an input device to receive a user request to transmit the personal data to the network server.
- 28. (Original) The apparatus of claim 25 wherein the wireless communication device comprises a display device to display information pertaining to the personal data to the user.
- 29. (Currently Amended) A portable computing device comprising:
- at least one personal parameter receiver to receive personal data of a user, the personal data comprising step data corresponding to a number of steps counted during an activity of the user;
- a microprocessor, coupled to the at least one parameter receiver; and
- a memory, coupled to the microprocessor, to store the personal data, the microprocessor to <u>periodically</u> transmit the personal data from the memory to a network server over a wireless network.

- 30. (Original) The device of claim 29 further comprising an input device to receive a user request to transmit the personal data to the network server.
- 31. (Original) The device of claim 29 further comprising a display device to display information pertaining to the personal data to the user.
- 32. (Currently Amended) An apparatus comprising:
  - a portable computing device; and
- a personal data capture device, attachable to the portable computing device to receive personal data of a user, the personal data comprising step data corresponding to a number of steps counted during an activity of the user;

and to transmit the personal data to the portable computing device, the portable computing device to <u>periodically</u> transmit the personal data to a network server over a wireless network.

- 33. (Original) The apparatus of claim 32 wherein the portable computing device is a personal digital assistant (PDA).
- 34. (Original) The apparatus of claim 32 wherein the personal data capture device comprises an input device to receive a user request to transmit the personal data to the network server.
- 35. (Original) The apparatus of claim 32 wherein the portable computing device comprises a display device to display information pertaining to the personal data to the user.
- 36. (Currently Amended) A device combining a wireless communication device with a portable computing device, the device comprising:

- at least one personal parameter receiver to receive personal data of a user, the personal data comprising step data corresponding to a number of steps counted during an activity of the user;
- a microprocessor, coupled to the at least one personal parameter receiver; and
- a memory, coupled to the microprocessor, to store the personal data, the microprocessor to <u>periodically</u> transmit the personal data from the memory to a network server over a wireless network.
- 37. (Original) The device of claim 36 further comprising an input device to receive a user request to transmit the personal data to the network server.
- 38. (Original) The device of claim 36 further comprising a display device to display information pertaining to the personal data to the user.
- 39. (Currently Amended) An apparatus comprising:
- a multi-purpose device combining a wireless communication device and a portable computing device; and
- a personal data capture device, attachable to the multipurpose device, to receive personal data of a user, the personal data comprising step data corresponding to a number of steps counted during an activity of the user;

and to transmit the personal data to the multi-purpose device, the multi-purpose device to <u>periodically</u> transmit the personal data to a network server over a wireless network.

- 40. (Original) The apparatus of claim 39 wherein the multipurpose device is a combination of cellular telephone and personal digital assistant (PDA).
- 41. (Original) The apparatus of claim 39 wherein the personal data capture device comprises and input device to receive a user request to transmit the personal data to the network server.
- 42. (Original) The apparatus of claim 39 wherein the multipurpose device comprises a display device to display information pertaining to the personal data to the user.
- 43. (Currently Amended) A multi-purpose device combining a wireless communication device and a personal computing device, the multi-purpose device comprising:
- at least one personal parameter receiver to receive personal data of a user, the personal data comprising step data corresponding to a number of steps counted during an activity of the user;
- a microprocessor, coupled to the at least one personal parameter receiver; and
- a memory, coupled to the microprocessor, to store the personal data, the microprocessor to <u>periodically</u> transmit the personal data from the memory to a network server over a wireless network.
- 44. (Original) The device of claim 43 further comprising an input device to receive a user request to transmit the personal data to the network server.

- 45. (Original) The device of claim 43 further comprising a display device to display information pertaining to the personal data to the user.
- 46. (Currently Amended) A computer readable medium that provides instructions, which when executed on a processor, cause said processor to perform operations comprising:

receiving personal data of a user by at least one personal parameter receiver, the personal data comprising step data corresponding to a number of steps counted during an activity of the user;

capturing the personal data in  $\frac{1}{2}$  wireless communication device; and

periodically transmitting the personal data from the wireless communication device to a network server over a wireless network.

47. (Currently Amended) A computer readable medium that provides instructions, which when executed on a processor, cause said processor to perform operations comprising:

receiving personal data of a user by at least one personal parameter receiver, the personal data comprising step data corresponding to a number of steps counted during an activity of the user;

capturing the personal data in  $\frac{1}{2}$  portable computing device; and

periodically transmitting the personal data from the portable computing device to a network server over a wireless network.